

# The ABC's of Helping my Kindergartener



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## The ABC's of Helping my Kindergartener

- A - Ask
- B - Bookbags
- C - Consistency
- D - Days of the Week & Months of the Year
- E - Encourage
- F - Flashcards
- G - Good Reader
- H - Home Learning
- I - I Will Help
- J - Just Do It
- K - Kick Back and Enjoy the Ride
- L - Love
- M - Memory Games
- N - No
- O - Old Maid Games
- P - Pick Up
- Q - Questions
- R - Read...Read...Read
- S - Store Adventures
- T - Take Care of Me!
- U - Understand You Cannot Compare Them
- V - Visit
- W - Websites
- X - Xaggerate the Praise!
- Y - You
- Z - Zzzzz

### Ask

When in doubt...ask. Feel free to ask your child's teacher.

### Bookbags

Your child's bookbag belongs to them. They carry them. They put things in and take things out of them. They tell you how they have organized it. They tell you where and what their home learning is. They tell you about the letters the school has sent home. Then...after they are sleeping, you go through it.

### Consistency

Have a routine set up for your child. Set up a time for home learning, bath, dinner, TV, and play. They are so used to a schedule at school, they will easily adjust to one at home. They feel secure knowing there are no surprises and things go much more smooth. If anything...just TRY.

### Days of the Week & Months of the Year

Recite each on a weekly basis. Ask what today is, what yesterday was, and what tomorrow will be. Ask what month it is.

### Encourage

Encourage your child to try. Do not let them convince you they can't. You convince them they can!

### Flashcards

Ahhh...the beauty of index cards. They work great! See page 5.

### Good Reader

We live in a print-rich society. Encourage your child to search for letters, sounds, and words through play.

### Home Learning Packets and Book Reports

### I Will Help

Have your child help you. There are many chores around the house for your child to do. We just don't think of them. An added bonus.... Many of these chores help improve fine and gross motor skills. See page 5.

### Just Do It

If you find yourself saying, "I should read or work with my child more often" change it to "Just do it".

### Kick Back and Enjoy the Ride

There are many games you can play in the car. See page 6.

### Love

Love them when you're frustrated.

Love them when you're sad.

Love them when you're angry.

Love them when you're glad.

Always let them know they are loved, even at times they are not doing well or they are making mistakes.

### Memory Games

### No

It is OK for children to learn that sometimes it is no. Just because they want it does not mean they get it. If they ask a yes/no questions...no is always an option.

### Old Maid Games

These are simple games that are fun while they learn. Of course, we use index cards for these. See page 6.

### Pick Up

Picking up is expected at school...expected at home. See page 6.

### Questions

Ask you child detailed questions.

Instead of:

Parent: How was school?

Child: Fine

End of conversation.

Try this:

Parent: What did you learn in math today?

Parent: What story did you read today?

Parent: What did you do in Spanish today?

Parent: What words did you learn today?

Parent: Did you do anything different today?

### Read...Read...Read

First READ - Read to your child.

Second READ - Have your child read to you.

Third READ - Let your child see you read.

### Store Adventures

Never knew going to the store could be so much fun! See page 7.

### Take Care of Me

Yes dear.... I will take care of you by teaching you to take care of yourself. See page 7.

### Understand You Cannot Compare Them

Keep in mind that all children are individuals. Although there are goals they need to reach, each child is different.

### Visit

You visit your doctor yearly. You visit the dentist twice a year. You visit your family members weekly. Visit your child's teacher. Your child spends half of his/her day with the teacher. If you cannot visit, call, e-mail, or send a note.

### Websites

Visit the websites listed on page 7 and let your child play as they learn.

### Xaggerate the Praise

They can never have enough of this!

### You

YOU ARE THE BEST PARENT FOR YOUR CHILD SO JUST BE THE BEST PARENT FOR YOUR CHILD.

### Zzzz

Make sure they get enough rest.

## Flashcards!!!

Flashcards for Spelling practice:

Monday: Give your child the letters needed to make each word.

Tuesday: Mix the letters of two words at a time.

Wednesday: Mix all the letters of the alphabet.

Thursday: Give them a practice spelling test.

Flashcards for sentence structure:

Write the spelling and sight words on flashcards. Include a card for ., !, and ?. Have the students create sentences. As the weeks pass, they will make his/her word collection bigger.

Flashcards for Math problems:

Practice addition and subtraction problems with cards. Write the answers on the back.

Flashcards for Memory Game:

Make pairs of answers to create any memory game.

## I Will Help

Things your kindergartener can do at home to help:

- Take out the garbage
- Put utensils and/or dishes away
- Prepare lunchbox
- Clean windows
- Feed pets
- Clean and bring things in from the car
- Put groceries away
- Get the mail and the newspaper
- Help with laundry
- Sort the clothes
- Put/hang the clothes away
- Help in the garden
- Sweep
- Vacuum
- Dry dishes

## Kick Back and Enjoy the Ride

- I Spy the word...
- Rhyming words
- Math facts
- Spelling practice
- Use \_\_\_\_\_ in a sentence
- Make up a story (take turns adding on)

## Old Maid Games

This game can be used to review the word families. Children need to match words that are in the same family.

List of words:

cat, rat, sat, hat, mat, fat  
can, man, fan, ran, tan, pan  
red, fed, bed, wed, led, Ted  
get, jet, wet, pet, vet, net, set, let, bet, met  
hen, den, men, when, pen, ten  
bell, fell, tell, well, yell, sell  
pig, wig, fig, dig, big, jig  
sit, bit, kit, hit, lit, fit  
ship, rip, dip, sip, hip, zip  
pot, hot, got, dot, lot, not  
stop, top, pop, cop, mop, hop  
dog, log, hog, fog  
box, fox  
nut, hut, cut, but  
bug, dug, mug, rug, tug, jug  
sun, fun, gun, run

## Pick Up

Things children could pick up at home:

- clothes, shoes, uniforms
- toys
- plates/dishes
- home learning supplies
- inside the car
- make bed

## Store Adventures

Ideas on what your child can do at the store:

- help make grocery list
- add prices
- let them pay
- read from the flyers and look for products
- discuss different forms of payment
- count change
- pick products at the grocery store

## Take Care of Me

Things children can do to take care of themselves:

- tie shoes
- get dressed
- brush teeth
- use the bathroom by themselves
- bathe
- brush his/her hair
- eat
- open food/drink items by themselves

## Websites

[www2.dadeschools.net](http://www2.dadeschools.net)

[www.pbs.org/parents/](http://www.pbs.org/parents/)

[www.pbskids.org](http://www.pbskids.org)

[www.primarygames.com](http://www.primarygames.com)

[www.tumblebooks.com](http://www.tumblebooks.com) (miamidade - User Name & Password)

[www.starfall.com](http://www.starfall.com)

[www.scholastic.com/ispay/play](http://www.scholastic.com/ispay/play)

[beckham.dadeschools.net](http://beckham.dadeschools.net)

[www.prongo.com](http://www.prongo.com)

[www.learningplanet.com](http://www.learningplanet.com)

Beckham's Media Center Webpage - <http://teachers.dadeschools.net/lopez2/>